

**Holy Week at Home**

**(April 8th – April 12th, 2020)**

Welcome to Holy Week at Home! This week during the church year is a/t the heart of what we believe, yet we are not able to gather as a church community in one place during this time. Therefore, we have created a way for us to learn, worship and celebrate together. In the attached packet, you will find scripture, activities and prayers for each milestone during Holy Week. You will notice that we have provided materials for different family structures. Please use the one that is most appropriate for you! Additional scriptures, materials and links to videos that you can use at your discretion throughout the week are also enclosed. As you complete the activities throughout the week, please take a picture to share with us! You can post pictures in the following ways:

ORLC Facebook
<https://www.facebook.com/OurRedeemersLutheranChurch/>

ORLC Instagram <https://instagram.com/ourredeemershelena?igshid=nyzdl7wb0bw7>

If you would like to stay off *social media* you can send it to Liz or Jackie (emails listed below.)

If you have questions about the material, please do not hesitate to contact us. Email is the best way to reach us right now. You will find a link to this document on our website, in order to more easily access the website links! Don’t forget to join us for online Holy Week worship at <https://www.ourredeemerlives.org/live>.

In Christ’s Service,



**Jackie Bartz,** Youth and Family Ministry Director, jackie@ourredeemerlives.org
**Liz Swenson**, Children’s Ministry Director, liz@ourredeemerlives.org
**Pastor Kendra**, Associate Pastor, kendraw@ourredeemerlives.org

**Palm Sunday (Sunday, April 5, 2020)**

**Young Families**

***Materials:***Coats or Blankets, Construction Paper or White Paper and colors, and Foldable Palm Branch Instruction Sheet.

***Scripture*:** Luke 19: 28-44

* On YouTube watch the video “God’s Story: Palm

Sunday” – As you watch the story have the kids wave their home-made Palm Branch!

* Check out the song of the day on YouTube: “Song for Palm Sunday, Holy Week and Easter #1 Cloaks and Branches.”

***Story Details*:** Jesus enters Jerusalem on a donkey to a warm welcome. The people are shouting, “Hosanna! {which means “Save now!”} Blessed is he who comes in the name of the Lord!” They wave palm branches and lay their cloaks on the road for Jesus to ride over. They think Jesus has come to save them, not knowing that what he is about to do is even more important saving the sin of the world.

***Questions to Ponder*:**

1. What do kings do?
2. How do people treat kings?
3. Why did people treat Jesus with such enthusiasm?
4. How would you treat Jesus today?
5. How will you praise Jesus, Our King, during the week?

***Activities*:**

1. Donkey Treads–As a family lay down different textures for the kids to crawl across. Try and find something that could be similar to the worn paths, the leaves and the coats that echo the story. You can add a person leading the donkey or even a rider if you have mixed age groups.
2. Foldable palm – Use the attached directions and some green construction paper to make your very own palm for home.
3. Check out the Palm Sunday SPARK ***KidTime*** Worksheet (“Holy Week”) and Video on our website <https://www.ourredeemerlives.org/live> .

***Prayer:*** Jesus, during this Holy Week help us remember your gift of eternal life. Amen.

**Maundy Thursday (April 9th, 2020)**

**Washing of the Feet for Young Families**

***Materials:* Large Bowl, Hand Towel, and Soap.**

***Scripture:***  John 13:1-17

* On YouTube watch the video “Jesus Washes His Disciples’ Feet”
* Check out the song of the day on YouTube: **“Song for Palm Sunday, Holy Week and Easter #2 Love One Another”**

***Story Details:***  Washing guests’ feet was a job delegated to the lowest servant. Think about it: they only wore sandals, so their feet were showing and got mud, dust, animal droppings, and even raw sewage on them. No one wanted to be the foot-washer…can you blame them?! By washing his disciples’ feet, Jesus, the only human who has ever been perfect, humbled himself to the lowest place and demonstrated that to be human was to serve others.
***Activity:***

1. Get out a large bowl and cloth and as you are comfortable, wash your kids’ hands or feet. If they want, they can also wash yours. Determine to try to serve one another, just as Jesus humbly served his disciples.
2. Check out the Maundy Thursday children’s bulletin on our website at <https://www.ourredeemerlives.org/live> .

***Questions to Ponder:***

1. What were you thinking while you washed his/her feet?
2. How did you feel?
3. Why do you think you thought/felt that way?
4. What were you thinking while having your feet washed?
5. How did you feel?
6. How does it make you feel that Jesus would wash our dirty feet?
7. Why do you think Jesus wants us to do this?

***Prayer:*** Dear God, thank you for the gift of those whom we love, especially (*offer names here*). Show us how we can help and serve one another. Amen.

**Maundy Thursday (April 9th, 2020)**

**Remembering the Last Supper for Young Families**

***Materials:***Baking Ingredients Listed on Communion Bread Recipe Sheet.

***Scripture:***  Luke 22:7-23 (also Matthew 26:17-30, Mark 14:12-26)

* On YouTube watch the video “God’s Story: The Last Supper.”
* Check out the song of the day on YouTube: “Song for Palm Sunday, Holy Week and Easter #3 Take Now and Share”

***Story Details:*** The Last Supper was on this day. Jesus sat down to eat with 12 other people. Those people were the disciples. His friend Judas was there that night. Jesus shared his bread and wine with everyone. He told the disciples that it was more important to serve someone else than to be served. He lovingly washed the feet of his disciples. After the meal was over, Jesus wanted to be alone to pray. Guards appeared a short time later and he was arrested
***Activity:***

1. Using the attached directions, make a batch of communion bread together and share things that you are thankful for.
2. Check out the Maundy Thursday children’s bulletin on our website at <https://www.ourredeemerlives.org/live> .

***Questions to Ponder:***

1. When do are some times that you get together with others to celebrate a special occasion with a big meal?
2. Why did Jesus want His disciples to break bread and drink with him?
3. We remember Jesus’ words at the Last Supper during church at communion. What you do when you take communion or get a blessing and what you remember about Jesus?

***Prayer:*** Dear God, thank you for giving us a special meal to show us your love for us. Amen.

**Good Friday (April 10th, 2020)**

**Young Families**

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***Materials:***Play Dough, Toothpicks, Sharpie/Pen, Lighter/Matches and Candle.

***Scripture:***Mark 14:43-15:32 (also found in Matthew 26:47-27:44, Luke 22:47-23:43, John 18:1-19:27)

* On YouTube watch the video “Jesus Dies on the Cross – The Bible For Kids”
* Check out the song of the day on YouTube: “Were You There When They Crucified My Lord”

**Story Details*:*** Jesus was forced to make a huge cross and drag it up a hill all by himself. He had a crown on his head made of a branch of thorns. He was nailed to the cross by his hands and feet. One of the ways Good Friday is celebrated is by fasting, which means not eating at all. It is a day to mourn the death of Jesus, but also to celebrate that he gave his life for everyone.

***Activity*:**

1. Make a crown of thorns out of play dough (we have attached a recipe for homemade playdough) and some toothpicks. Talk about the fact that Jesus was willing to endure all that pain and eventually death in order to save us.
2. Make a cross out of play dough. Set it out so it can be a reminder until Sunday that Jesus died for us. Let it dry while sitting out.
3. Light a candle and sit in silence to remember that Jesus died today for us.
4. Check out the Good Friday children’s bulletin on our website at <https://www.ourredeemerlives.org/live/>.

***Questions to Ponder:***

1. Why did Jesus die?
2. Jesus’ death paid a price we could never pay on our own. We can never earn God’s love—it is freely, graciously given. Is this a difficult concept for you to understand?
3. Do you sometimes feel like you have to earn God’s love, or get all the “rules” right?
4. What does this teach us about Jesus and his love for us?
5. How can you share that good news about Jesus dying for our sins, with others?

***Prayer:***On Good Friday we remember that Jesus beat death and won life for all people everywhere. On Good Friday, we pray for people around the world who are hurt suffering or sick. Who can you pray for? Set up a cross in a quiet place. Invite your family to gather around the cross to pray.

**Holy Saturday (April 11th, 2020)**

***Young Families***

***Materials:* Scavenger Hunt Instructions.**

***Scripture:*** Mark 15:33-47 (also found in Matthew 27:45-61, Luke 23:44-56)

* On YouTube watch the video: “Holy Saturday – Easter Week (7 of 8).

***Story Details:*** After Jesus died, he was put in a tomb. The tomb was like a cave. The guards rolled a big rock in front of the opening to make sure that no one could get in or out. They knew that Jesus was dead, but they still wanted to close off the opening just to make sure he didn't get out.
***Activity:***

1. Using the handout included, walk around your yard and in your house to see if you can find the items on the list or something to represent the item.
2. Take a few minutes today and think about ways this Easter story means something to you. Draw a picture or write down some of your thoughts to answer these questions. Where do you see Christ in your life? Who do you know that has shared the good news of Jesus with someone? How can you share the good news of Jesus with someone?

***Questions to Ponder:***

1. How do you think others felt on Holy Saturday after Jesus died?
2. When you feel afraid or scared, how do you feel God around you?
3. Have you ever lost anyone or anything?
4. Did you remember to think of God during this time of sadness?

***Prayer:*** O God, you are the creator of the world, the liberator of your people, and the wisdom of the earth. By the resurrection of your Son free us from our fears, restore us in your image, and ignite us with your light, through Jesus Christ, our Savior and Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever. Amen.

**Easter Sunday (April 12th, 2020)**

***Young Families***

***Materials:*** **Playdough Cross, Markers, Glue, Glitter/Sequins, Ingredients Listed on the Dole Whip Recipe and Sidewalk Chalk.**

***Scripture:*** John 20:1-18 (also found in Matthew 27:62-28:10, Mark 16:1-19, Luke 24:1-12)

* On YouTube watch the video “God’s Story: Easter”
* Check out the song of the day on YouTube: “Sing Hosanna – Ho Ho Ho Hosanna”.

***Story Details:*** Mary Magdalene was crying. She was so, so sad that Jesus had died. "Do not cry" said an angel "Jesus is alive. He is not dead." Then Mary Magdalene saw Him! And of course, she knew that what the angel told her was true. Oh, Mary was so, so happy! When all of Jesus' friends saw Him they were all so, so happy too! Jesus was alive again and we are so, so happy too!
***Activity:***

1. **Celebrate that “Christ is Risen! He is Risen Indeed.”**
2. Take your cross from Friday and decorate the outside with markers, glitter and sequences to share that Christ shines through us each and every day!
3. *It’s so Sweet to let your “SON”-shine!* Using the attached recipe, make some Dole Whip just like in Disneyland to enjoy!
4. Take some sidewalk chalk outside today and write an uplifting message on your cement about Jesus’ resurrection, for others to see!
5. Check out the Easter Sunday SPARK ***KidTime*** Worksheet (“The Empty Tomb”) and Video on our website <https://www.ourredeemerlives.org/live> .

***Questions to Ponder:***

(The women felt fear and joy at the angel’s news.)

1. Why were they afraid?
2. Why were they joyful?
3. Can you identify with their feelings in your own journey these past couple of weeks?

(Imagine the women coming to you and telling you the good news of Jesus’ resurrection.)

1. What would you say?
2. What questions would you ask?
3. What does God’s forgiveness because of Jesus’ shed blood mean to you?
4. Choose three words that describe your feelings about Easter. Explain.

**Prayer:** Dear God, help us share the good news Jesus Lives! Alleluia! Amen.

**Honey Communion Bread**

Mix in a large bowl
   5 cups whole wheat flour
   5 tsp baking powder
   2 ½ tsp salt

Blend together
   2/3 cup milk
   2/3 cup extra virgin olive oil

Add the milk and olive oil to your dry ingredients

Blend together in a 2 cup measuring cup
   2/3 cup honey
   2/3 cup warm water

Add honey/water to other ingredients until it reaches a kneadable texture

On a floured surface, divide into 10 balls.

Flatten with a rolling pin to 3/16”

Bake
    400 degrees for 10-15 minutes.

Or if you want to try a different recipe:

**Buttermilk Communion Bread**

Preheat oven to 400 degrees

1 C    buttermilk                                2T olive oil

¼ tsp baking soda                  1 C.  whole wheat flour

¼ C   sugar                                       1 ½ C white flour

Put baking soda into warmed buttermilk and let sit for a few minutes.

Add oil, sugar and stir.  Add flour to make a soft dough

Roll to 3/8” to ½” and cut into 6 8” rounds

Lightly score into intinction size pieces

Bake for 8 minutes, flip loaves and bake for 5 minutes.

Brush with butter after cooling a few minutes.

WARNING:  it is easy to over bake.

**Homemade Playdough**

BOIL:

 4 cups water

 4 Tablespoons vegetable oil

 Food coloring

MIX DRY INGREDIENTS TOGETHER WITH A WHISK:

 2 cups salt

 4 cups flour

 4 teaspoons cream of tartar

After water boils, add dry ingredients and stir. Kneed to thoroughly mix.

* You can add food coloring or glitter to your play dough for more fun!

**Frozen Dole Whip**

Supplies needed: food processor or Blender, bowl, spatula, and willing test subjects

    Prep Time: 10 Minutes

    Cook Time: 10 Minutes

Ingredients:

    4 cups (16oz/450g ) small chunks frozen Pineapple \*Must be frozen

    1 cup (8oz/225g) of low-fat coconut milk (or milk of choice, almond, regular)

Instructions:

    Place the coconut milk and frozen chunks of pineapple into a food processor or high powered blender. (the pineapple has to be frozen)

    Turn on the food processor and blend until the consistency becomes creamy.

    You will have to stop several times and scoop down the pineapple.

    Keep blending until all of the pineapple chunks are gone and the mix is smooth.

    Enjoy immediately as it is ‘soft serve’ and should be eaten straight away.

    If you want to freeze a little you can, just know it does freeze solid once frozen and is no longer soft.

\*You can also add raspberries, lime, strawberry, or any other fruit to re-create some of the special flavors they sometimes release.



